



Signed by Chair of Governors .....

Date approved by Governors .....Sept 2010.....

Review Date .....Sept 1013.....

## SEX AND RELATIONSHIP EDUCATION POLICY

At Trowse Primary School our aim is to learn about physical, moral and emotional development. It is about understanding the importance of stable and loving relationships, including marriage, and the teaching of sex, sexuality and sexual health. It sits alongside the PSHE and RE curriculum as well as having links with Science.

### Effective teaching of Sex and Relationship education

It will:

- ❖ be developmental and appropriate to age and maturity
- ❖ provide honest and accurate information
- ❖ encourage development of interpersonal and social skills
- ❖ encourage reflection and responsibility
- ❖ use relevant and varied teaching and learning methods
- ❖ be monitored and evaluated against the needs in our school
- ❖ reflect the guidelines on equal opportunities and show regard to people of different cultures, races and disabilities.

Aspects covered:

#### Spiritual

- ❖ Sensitivity and empathy to the needs of self and others.
- ❖ Loving relationships.
- ❖ Self-esteem
- ❖ Respect for self and others
- ❖ Development and understanding of religious beliefs, including relationships and marriage.
- ❖ Development of emotional literacy to encourage empathy.

#### Moral

- ❖ Awareness that one's actions have consequences.
- ❖ Encourage respect for self and others.
- ❖ Confidence to say no and to be able to confide in others as appropriate.
- ❖ To be able to withstand peer pressure.
- ❖ Develop an understanding of different lifestyles, including sexual preference
- ❖ Understand that sex should take place within a loving relationship

## Social

- ❖ Be able to withstand peer pressure.
- ❖ Evaluate attitudes towards gender.
- ❖ Understand sexual preference.
- ❖ Develop and improve communication skills.
- ❖ Gain an awareness of the need to build different relationships for differing purposes.
- ❖ Develop an awareness of consequences of sexual behaviour on health
- ❖ Understand the need for adaptation of behaviour for different circumstances
- ❖ Develop an awareness of strangers and the possible dangers.

## Cultural

- ❖ Gain an awareness and respect of the beliefs and lifestyles of different cultures and religions, e.g. arranged marriages, bodily differences.
- ❖ Develop the ability to make sense of conflicting media messages.

## Sensitive issues

At Trowse Primary School we believe that the children should be given honest and accurate information. The following issues may be discussed if appropriate to Year Group.

Puberty	Sexual preference
Menstruation	Sexual behaviour
Abortion	Masturbation
Safe sex and HIV	Confidentiality
Gender	Disabilities

Parents are given prior notice of SRE lessons and can have the opportunity to review any materials used or discuss any questions with the teacher about the content. Lessons will, in general be taught with both boys and girls present but there will be opportunities made for single sex discussion groups at some point during a unit of work, taken by an adult of the same sex.

Parents have the right to withdraw their children from parts of Sex and Relationship education, but not from the scientific aspects.